

## Being a Good Neighbor -- Spring Edition

The warmer days of spring beckon humans out of their apartments like bears from hibernation. So, it's likely that many of our residents will be outdoors now, enjoying the amenities of our community. With more people spending time outdoors, though, it's important to remember these tips for being a good neighbor.

### Trash Disposal

Warm weather calls for even more caution around proper disposal of waste to avoid pests and unpleasant odors. A few guidelines are as follows:

- Ensure all waste is properly bagged and secured prior to disposal
- Only dispose of common household trash in the trash containers, and dispose of permitted recyclable items in the recycling container
- DO NOT overfill trash containers, if a container is full, the trash must be taken to a different container on the property that has adequate space

### Sound Check

On warmer evenings, your neighbors may be sleeping with their windows open to enjoy a little fresh air. So, please be mindful of your noise levels, especially at night.

### Pup Owners

While you should always clean up after your furry friends and keep them leashed, it's even more important during the warmer months. This is when children (and adults) are more likely to be utilizing and playing in our common areas.

Thank you for doing what you can to keep our community a happy and friendly place to live.

## Do You Love Gardening? Check Out These 2 Ideas!

They say that April showers bring May flowers. Even better, those beneficial storms can also provide you with tasty produce. All you need is a garden. And the good news is you don't have to own a large yard or a farm to enjoy the benefits of gardening.

### Container Gardens

If you have a patio or balcony, you can start a container garden. For the best results, make sure to check whether your garden will receive full or partial sun or if it will be in the shade for most of the day. That way, you can choose plants that will thrive in your particular environment.

### Community Gardens

Many towns, counties and parks also offer community gardens. For a small fee, you can reserve a plot of land in these gardens where you can grow your own produce, and/or ornamental plants. Working in a community garden is also a wonderful way to meet others who also enjoy being outdoors.

Whether you choose to garden on your patio or on a community plot, you're sure to reap the many benefits that researchers say come from gardening, including feeling less stressed.

## Lemon Garlic Roasted Asparagus

This Lemon Garlic Roasted Asparagus is a quick and healthy side dish that captures the essence of spring. The combination of lemon and garlic adds a zesty and aromatic flavor to the tender asparagus spears.

### Ingredients:

- 1 bunch of fresh asparagus, trimmed
- 2 tablespoons olive oil
- 2 cloves garlic, minced
- 1 lemon (zest and juice)
- Salt and pepper to taste

### Instructions:

1. Preheat your oven to 400°F (200°C).
2. Trim the tough ends of the asparagus spears.
3. In a small bowl, combine olive oil, minced garlic, lemon zest, and lemon juice. Mix well.
4. Place the trimmed asparagus on a baking sheet. Drizzle the lemon garlic mixture over the asparagus and toss to coat evenly.
5. Sprinkle salt and pepper over the asparagus to taste.
6. Roast the asparagus in the preheated oven for about 12-15 minutes or until the asparagus is tender but still crisp.
7. Remove from the oven and transfer the asparagus to a serving plate. Optionally, garnish with additional lemon zest for a burst of freshness.
8. Serve immediately and enjoy this simple and flavorful spring dish!

## April Events

**April Fools Day, April 1**

**World Autism Awareness Day, April 2**

**End of Ramadan & Eid-Al-Fitr, April 9**

**National Pet Day, April 11**

**Earth Day, April 22nd**

**Passover Ends, April 30**

**FUN FACT: Residents with balcony gardens often develop a unique ability to communicate with their plants, offering words of encouragement or apologies during pruning.**