

May Community Newsletter

Tips for Living, Laughing and Loving Your Apartment Life

APARTMENT LIVING TIP

Doing Laundry at Home

As you know, our shared laundry facilities are closed for Social Distancing to protect your health. The good news is that we can do laundry at home in the sink or in the bathtub!

First, fill your basin with hot water, and use a few drops of shampoo to get it nice and 'sudsy'. Then throw in a few shirts, a pair of jeans, etc.

Work them in the bubbles soaking with water and then wringing them out at least 3 times. Then repeat the process again with clean water to get the soap out of the fabric.

Wring dry and then hang from a hanger on your towel bar, shower curtain rod, or near an open window.

FUN APARTMENT TIP

Balcony Party: Social Distancing Edition

Does it feel like you're on house arrest? With COVID-19 shelter-in-place guidelines, it can be challenging for all of us but there are plenty of ways to make this experience fun and enjoyable. Here are some ideas in which you can still socialize from your balconies.

1. Coordinate regular gatherings with your neighbors and stream on apps such as TikTok, Periscope, and Facebook Live. You'll also be getting some fresh air while socializing at the same time!
2. Decorate your balcony with an awesome theme. As the weather starts to warm up, think about organizing a luau complete with leis, grass skirts, and Tiki torches.
3. Host an outdoor movie night via your balcony. Place a projector out on the balcony and shoot the movie against the wall of a neighboring building. Then, people can kick back and enjoy the show.
4. Coordinate game nights on balconies. This might include video games, board games, or even (safe) drinking games.

Even though you might be discouraged from going to each other's units for visits out of fear of spreading the virus, it's important for everyone to find ways to remain social during the pandemic.

SEASONAL RECIPE

Disney Dole Whip

Before guests arrive, make ice cubes from three or four different flavors of fruit juice, punch or other brightly-colored non-carbonated drinks.

When you're ready to serve, add a mix of the frozen cubes to soda water, a clear citrus soda or clear mixed drink. The drink will change colors and flavors as the cubes gradually melt into it.

FUN FACT: In 2010, Dr. Elena Bodnar created the "Emergency Bra" which can be unhooked and split into two face masks

Live for the apartment buzz!



COMMUNITY TIP

Exercising During Social Distancing

We know many of you miss the gym, but staying away from them is the healthiest option right now. This doesn't mean stop exercising, and during these stressful times, exercising is more important than ever. Here are some tips for staying fit while social distancing is in place.

Most strength conditioning and playground equipment is shut, but there are still many open public spaces you can use for a cardio workout. Find an open sports field vs. running on a crowded trail where it's hard to keep constant social distancing.

Do bodyweight exercises and stretches in your own living room. Many retailers are still shipping exercise equipment if you want to make it more official. But, please, no jumping jacks unless you're on the ground floor.

Whether you're going for a walk or a jog, pay attention to your surroundings. The virus can spread from breathing and hang in the air. Give everyone as much space as possible.

Don't forget to take your pets with you on your walks or jogs. While dog parks may be closed or too crowded to enter by social distancing standards, we do ask that you follow all leash laws for everyone's safety.

Please know we will reopen our community amenities as soon as public health officials give the OK.

NATURAL GAS SAFETY TIPS

Please Review These Safety Tips

1. WHAT IS NATURAL GAS?

Natural gas is a non-toxic, colorless fuel, about one-third lighter than air. Gas burns, but only when mixed with air in the right proportion and ignited by a spark or flame. In its purified state, gas has no smell. For your protection, the Gas Company adds a harmless, distinctive odor so you can detect and report the slightest gas leak.

2. HOW SAFE IS NATURAL GAS?

Natural gas has an excellent safety record, but like other forms of energy, it requires a certain amount of caution. Gas emergencies are rare, but they can happen:

1. Whenever gas leaks from a pipe or pipe fitting, there is a possibility of fire or explosion. Natural gas can be ignited by open flames or sparks. Do not allow unburned gas to escape into a room. A spark, lit match or cigarette, and possibly a flick of a light switch may be enough to cause an explosion.
2. If leaking gas accumulates in a confined space, it can displace air and cause suffocation.
3. If a gas appliance is not working properly, incomplete combustion can produce carbon monoxide and other toxic gases.
4. A pilot light or gas burner can ignite combustible materials, such as paper and curtains, and flammable vapors, such as gasoline, paint thinner or aerosols.

GENERAL SAFETY RULES...

- Keep combustibles such as papers, fluids, paints, curtains and rags away from furnaces, water heaters, gas ranges and dryers.
- Keep gas ranges clean. Make sure burner bowls are free of used matches, grease, paper, etc. Never leave burners on when not in use.
- Have a fire extinguisher near gas appliances at all times. Use a CO2 or dry-chemical extinguisher for the kitchen.
- Teach children never to light or play with the controls of any gas appliances.
- Keep pilot lights of your gas range lit. If you put them out to save energy, a dangerous gas build-up can occur if someone accidentally turns on the range. If the burner doesn't ignite when turned on, check to see if the pilot is lit.
- Never use your gas range to heat your home or apartment. This practice creates a serious fire hazard and puts you and your family at risk from dangerous carbon monoxide fumes.
- Keep the area around the furnace clear of dirt, clutter and obstructions.
- Never block air vents, valves or controls. Don't cover the top of the heater.

SAFETY FIRST...

If the odor is strong, do not light matches. Do not turn lights on or off. Do not use the telephone. If possible, notify everyone in the building to leave immediately. Call the gas company and the leasing office. Do not reenter your home until they have told you it's safe to do so.